

Implant surgery aftercare and precautions

Aftercare and regular visits to the clinic are most important keys to the longevity of the implant.

| Implant surgery aftercare

Bleeding

Minor bleeding may occur after the surgery. Please bite down on the gauze and you may swallow any saliva and/or bleeding.

Anesthetic

Anesthetic may last up to 3-4 hours after the surgery. Please do not eat anything until the anesthetic had worn off.

Swelling

Some swelling may occur after the surgery. Please apply the icepack for 1-3 days.

Diet

Diet consisting of softer and colder food is recommended during 48 hours following surgery. Please avoid any hot and spicy food and also any alcohol or smoking.

Activities

Plenty of rest on the day of the surgery is recommended. Exercise or sauna should be avoided for one week following surgery.

Aftercare

Please do not use the toothbrush on the surgery area for 7 days. Please rinse your mouth 2 times a day (morning and night) using recommended oral disinfectant.

Others

Please take all of prescribed medicine and avoid taking any aspirin. If any of below occurs following surgery, please contact the clinic.

- Anesthetic lasting more than 10 hours
- Excessive bleeding
- Implant screw coming loose or shaking

| Regular visits to clinic

	Duration	Examination
1st Implant surgery	1 week after	Clean and disinfect surgery area and remove any stitches (suture)
	2-6 months after	Secondary surgery : connect abutment(post) and temporary crown
2nd Implant surgery	1 month after	Final crown
	1-2 times every 6 months	Check the stability of the implant and oral cavity hygiene
	Once a year	

For any other question or concerns, please contact the dental clinic.

DIO IMPLANT